**Stalking Definition**

Stalking defined is a repetitive pattern of unwanted, harassing or threatening behavior committed by one person against another.

Stalking list behaviors that include but are not limited to:

- Non-consensual communication, including in-person communication, telephone calls, voice messages, text messages, E-mail messages, social networking site postings, instant messages, postings of pictures or information on Web sites, written letters, gifts or other communications that are undesired and/or place another person in fear
- Following, pursuing, waiting or showing up uninvited at a workplace, place of residence, classroom or other locations frequented by a victim
- Surveillance and other types of observation, whether by physical proximity or electronic means
- Trespassing
- Vandalism
- Non-consensual touching
- Direct physical and/or verbal threats against a victim or a victim's loved ones
- Gathering of information about a victim from family, friends, co-workers and/or classmates
- Manipulative and controlling behaviors such as threats to harm oneself or threats to harm someone close to the victim
- Defamation or slander against the victim

**Guidelines**

- If you believe that you may be a victim of intrusive contact and/or stalking, report the incident(s) immediately to Campus Safety or the Police,
- End all communication with the person who is stalking you,
- Document the stalking, write a detailed summary of each event,
- Consider obtaining a restraining order,
- Change your routine,
- Let family, friends, and your employer know you are being stalked,
- Don’t share personal information in online public places,
- Use filters and blockers to block unwanted email.
- Save all copies of communication from a cyber-stalker
- Campus Safety: (714) 484-7387
- Health Center: (714) 484-7361
- Cypress Police: (714) 229-6600