

CYPRESS COLLEGE



MEN'S SOCCER



SUMMER CAMP 2010



CAMP FORMAT

Our summer camp is designed to help improve the soccer player from the beginner level to the premier elite level player. The camp is set up in such a way that each individual player will be working with a group of players his/her own skill level in order to be challenged at the highest level.

Each day will be divided into three sections. The first hour our staff will work on the technical aspects of the game broken down into specific topics (dribbling, passing, shooting, defending, receiving). During this technical phase, the campers will rotate between stations working with different coaches and different exercises while still focusing on our daily topic.

The second hour of the day will be small sided games where the campers will have the opportunity to use some of their newly learned skill work in a game like situation.

The final portion of the camp will be 11 vs. 11 games.

DETAILS

Date: Monday–Friday, August 9th–13th

Time: 9am–12pm

Cost: \$150 per player (\$125 for 5 or more players who register together)

Location: Cypress College
9200 Valley View, Cypress CA 90630

Ages: 5-17 years

SIGN UP FORM

Player's Name: _____

Gender: Boy Girl Age: _____

T-Shirt Size

S M L XL

Contact Info:

Parent Name _____

Home Phone _____

Cell Phone _____

Email _____

Mailing Address _____

MAKE CHECKS OR MONEY ORDER PAYABLE TO **CYPRESS COLLEGE MEN'S SOCCER** AND RETURN ALONG WITH THIS COMPLETE FORM TO:

Cypress College

Attn: Ed Kephart, Men's Soccer

9200 Valley View

Cypress, CA 90630

CAMP DIRECTOR

Ed Kephart—Ed is in his 2nd year at Cypress where he lead the Chargers to the playoffs for the first time in school history. He comes from Santiago Canyon College where he worked with the Nationally ranked women's program for the past 9 years. Ed also works with Cal South in the Olympic Development program where he is the head coach for the 1997 boys and the head goalkeeper coach for the boys program. Ed has a USSF 'B' license, USYSA National Youth license, NSCAA Regional diploma and NSCAA Goalkeeping Level II Certificate.



Coach Ed Kephart: ekephart@cypresscollege.edu (714) 484-7354