

Los Alamitos

Nancy Diane Kimber, M.D.

Growing up, Nancy Kimber knew that she wanted to be a doctor, just like her dad who had died when she was only 10.

A fourth generation Californian, Kimber was raised in Long Beach, the youngest of four children, who credits her mom for instilling in her the drive and determination that guides her today. Until her dad's death, Nancy's mom worked in his medical office while raising her family.

While she's followed in the footsteps of both of her parents, it's her entire family that she considers good role models. "My family is awesome - they adore me and have taken good care of me. I have always had security and safety," she said.

At the age of eight, Kimber began babysitting, and, at 12, she was working in a pizza restaurant. At 16, while a student at Wilson High School in Long Beach, she was a food server, and while a student at California State University, Long Beach, she waited tables at two restaurants as well as working as a phlebotomist at the nearby Veterans Administration Hospital. She also volunteered at the Long Beach Police Department Crime Lab, lining up "Plan B." "If I didn't make medical school, I would apply to the FBI," she said.

Having earned a bachelor's degree in microbiology and a minor in chemistry, Kimber was accepted at Chicago Medical School and graduated with a Doctor of Medicine and a Master's Degree in nutrition. In 1998, after completing her residency at Chicago's Rush Presbyterian-St Luke Medical Center, she returned home and joined a specialized medical practice in Los Alamitos. Kimber began her solo practice in 2004, specializing in obstetrics and gynecology.

As she continued to embrace the needs of her community, Kimber's desire to contribute more time to those causes increased and with it the realization that to claim the additional time, she would need to eliminate obstetrics from her practice. After delivering more than 1,000 babies, she brought her last one into the world on Dec. 17, 2006. Today, her medical practice specialties are in the areas of gynecology, menopause, and surgery, with patients ranging from 12 to 94.

Kimber has targeted the prevention of child abuse as her personal mission, donating her time, energy, and dollars to programs serving that goal. Since 2000, she has been active with the non-profit organization, For the Child, serving as chairman of the fund raising board from 2003 to 2005 and again from 2007 to 2009. As chairman, she introduced a "free breakfast," inviting 500 "Circle of Friends" to attend. She then asked each to donate \$100 at the breakfast and to continue with monthly contributions. Kimber also sits on the advisory boards of Family Services and the Miller Foundation, among others.

Kimber became a reserve police officer in 2001 and has mainly worked with sexual assault victims and has been motivated to present lectures to teens and to talk with other doctors. Through her work with these violent crimes, she has developed a program that she presents to health care givers on how to interact with adolescents regarding dating, sexual assault and violence. She also participates as a medical director/sexual assault consultant for Forensic Nurse Specialists.

Two years ago, Kimber joined the Flying Doctors of Mercy. Doctors belonging to this group fly to Mexico where they volunteer in medical clinics in such places as Tijuana and Sinaloa. Between their arrival on a Friday and their departure on Sunday evening, each doctor sees about 50 patients per day. Her work ranges from check-ups to surgery. “We do it all,” she said.

And, she does do it all! In addition to her full-time medical practice, Kimber consults, conducts research and lectures on a variety of topics. She isn’t all about work, however. Kimber enjoys the great out of doors with her fiancé Emmanuel Ladsous, and his son Stephen, a pre-law student at USC.